“…That is what we call anxiety. And then you think, can I observe the thinker thinking the thoughts. So, I am worried, and I ought not to worry, but because I can’t stop worrying, I’m worry because I worry; And you see where that could lead to. That is what we call anxiety. No amount of anxiety makes any difference to anything that is going to happen”.

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What about worrying leading to ones lift in motivation to put oneself in the best statistical sample that has the property of being the best chance one has to achieving a specific goal, is that ill-willed anxiety fully? What of ye who did not have such a burning hearth under his bum fueled by the fear of his future.